

Mom's Pantry

• CANADA'S FUNDRAISING SPECIALISTS •

3241 St. Mary's Road, Winnipeg, Manitoba, R2N 4B4
(800) 350-MOMS (6667) • info@momspantry.ca • momspantry.ca
facebook.com/momspantry @MomsPantry



FEATURING
JIM & LEONIE

Mom's Pantry Brand Ambassadors
Find their favourite products, inside!



QUALITY FOOD & BAKING PRODUCTS CLASSIC FUNDRAISING ORDER FORM

WE ARE RAISING FUNDS FOR:

RUTH PAWSON SCC

THANK YOU FOR SUPPORTING OUR FUNDRAISING DRIVE



NEW WEBSITE UPDATE !

For a complete list of ingredients, nutritional information, and high quality product photos, please visit our website at momspantry.ca



NEW EASY ONLINE ORDERING !

Simply add items to your cart, and check out using the numbers below!

ORDER NUMBER:
251449

GROUP PASSCODE:
11556

Important - Please complete all fields - Please print clearly

SELLER #

Mom's Pantry office use only.

BUYER

last name

first name

daytime phone number

SELLER

last name

first name

daytime phone number

PAYMENT INFORMATION

GRAND TOTAL \$ _____

TOTAL NUMBER OF ITEMS ORDERED : _____

Taxes already included where applicable
GST 103406435

PAYMENT METHOD

- Cash
- Cheque
- Credit Card



DO NOT WRITE YOUR CREDIT CARD
NUMBER ON THIS FORM.
See below for instructions.**

AUTHORIZATION #

* Please make cheques payable to your group or organization.

** For confidentiality, please call our office at 1 800 350-MOMS (6667) when paying with a credit card. We will provide you with your authorization number to enter on this form. You must still complete the order form and return it to your seller. If you are ordering online, do not submit this form.

♻️ Please recycle unused forms.

Forms expire: **31 December 2017**

QTY	CODE	PRICE	TOTAL
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30% MOM'S OWN GOURMET RUBS & MARINADES

Rub directly onto meat, or try mixing a few tablespoons of seasoning with ½ cup lemon juice and ½ cup olive oil. Use as a marinade, or brush onto steaks, pork chops, ribs, chicken, or shrimp skewers.

0101	Greek (150 g)	\$ 8.90	
0103	Honey Lime Chipotle (140 g)	\$ 7.90	
0104	Souvlaki (70 g)	\$ 7.90	
0107	Turkey Rub (85 g)	\$ 7.90	
The perfect way to season your favourite holiday bird! Mix 1 to 2 tbsp with half a cup of melted butter, and baste.			
0108	Mango Chipotle (140 g)	\$ 8.90	
0111	Mango Habanero (140 g)	\$ 8.90	
0109	Whiskey Flavour Steak Rub (150 g)	\$ 8.90	
0110	Kansas City Rib Rub (130 g)	\$ 8.90	

30% MOM'S OWN BLENDS & SEASONINGS

Mom's Own Blends & Seasonings are sure to add ease and delight to your cooking experience!

0201	Cajun Spice (140 g)	\$ 6.90	
0202	Crushed Chillies (55 g)	\$ 5.90	
0203	Garlic Plus (100 g)	\$ 8.90	A garlic infused multi-purpose seasoning!
0204	Hamburger Seasoning (130 g)	\$ 6.90	
0205	Italian Seasoning (45 g)	\$ 5.90	
0206	Lemon Pepper (no salt) (65 g)	\$ 7.90	
0207	Mom's Own No Salt Seasoning (110 g)	\$ 7.90	A delicious blend of spices and dehydrated vegetables, a perfect topping for any dish.
0208	Montreal Chicken Seasoning (150 g)	\$ 6.90	
0209	Montreal Steak Spice (150 g)	\$ 7.90	
0210	Pizza Spice (90 g)	\$ 6.90	
0211	Roasted Garlic & Red Pepper (130 g)	\$ 7.90	
0212	Seasoning Salt (no MSG) (115 g)	\$ 5.90	
0213	Spaghetti Spice (80 g)	\$ 6.90	
0214	Taco Meat Seasoning (115 g)	\$ 7.90	
0215	Chipotle Fajita Seasoning (120 g)	\$ 7.90	
0217	Potato Seasoning (130 g)	\$ 7.90	

40% GOURMET SEA SALTS

Sea salt is a natural, gourmet substitute for regular, refined table salt. These delicious coarse sea salt blends are sure to inspire new cooking ideas!

0301	Coarse Sea Salt (225 g)	\$ 6.90	
0302	Roasted Garlic & Sea Salt (120 g)	\$ 8.90	
0303	Lemon Dill Sea Salt (120 g)	\$ 7.90	
0304	Mediterranean Sea Salt (100 g)	\$ 7.90	
0305	Red Hot Sea Salt (110 g)	\$ 7.90	

COLUMN TOTAL

QTY	CODE	PRICE	TOTAL
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40% TRADITIONAL SPICES CL

Mom's spices will enhance the flavour, colour, and aroma of your cuisine. Top quality, excellent value.

0401	Allspice, ground (70 g)	\$ 5.90	
0403	Basil (35 g)	\$ 4.90	
0404	Bay Leaves (10 g)	\$ 5.90	
0405	Cayenne Pepper (60 g)	\$ 5.90	
0406	Celery Salt (115 g)	\$ 5.50	
0407	Chili Powder, Mexican (95 g)	\$ 7.90	
0408	Chinese Five Spice (60 g)	\$ 6.90	
0409	Cinnamon, ground (80 g)	\$ 6.90	
0410	Cinnamon Sticks 3" (80 g)	\$ 6.90	
0411	Cloves, ground (60 g)	\$ 8.90	
0412	Dill Weed (25 g)	\$ 5.90	
0413	Garlic Powder, granules (115 g)	\$ 7.90	
0414	Ginger, ground (50 g)	\$ 5.90	
0415	Mustard Powder (65 g)	\$ 5.90	
0416	Nutmeg, ground (70 g)	\$ 8.90	
0417	Onion Flakes (80 g)	\$ 5.90	
0418	Onion Powder (100 g)	\$ 5.90	
0419	Oregano (25 g)	\$ 5.90	
0420	Paprika, Hungarian (70 g)	\$ 6.90	
0421	Parsley Flakes (25 g)	\$ 4.90	
0422	Pepper, black, ground (80 g)	\$ 7.90	
0423	Pepper, black, whole (90 g)	\$ 7.90	
0424	Assorted Peppercorns (90 g)	\$ 9.90	(black, green, pink, white)
0425	Poultry Seasoning (60 g)	\$ 5.90	
0426	Rosemary, whole (35 g)	\$ 4.90	
0427	Sage, ground (60 g)	\$ 5.90	
0428	Thyme, ground (60 g)	\$ 4.90	



TIN & GUSSET PACKAGING

Our dry products now come packaged in resealable tins & stand-up pouches. More user friendly, more conveniently sized, and better for your kitchen!

40% INDIAN SPICES CL

Add the taste of India to your cuisine!

0501	Coriander, ground (75 g)	\$ 5.90	
0502	Cumin Seed, ground (95 g)	\$ 6.90	
0503	Curry Powder, Madras (110 g)	\$ 6.90	
0504	Turmeric, ground (110 g)	\$ 6.90	
0505	Garam Masala Blend (105 g)	\$ 6.90	

COLUMN TOTAL

QTY	CODE	PRICE	TOTAL
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40% MOM'S OWN DIP MIXES

No preservatives. No added MSG. Just mix with sour cream, cream cheese, or mayonnaise, and enjoy!

0601	Honey Dill Dip (250 g)	\$ 10.90	A Manitoba favourite. Now available as a delicious dry mix.
0602	Chive & Garlic Dip (110 g)	\$ 9.90	
0603	Dill Dip (130 g)	\$ 9.90	
0604	Mango Curry Dip (100 g)	\$ 9.90	
0605	Mild Mexican Dip (140 g)	\$ 9.90	
0606	Party Time Dip (130 g)	\$ 9.90	
0607	Roasted Red Pepper Dip (120 g)	\$ 9.90	
0608	Southwestern Dip (120 g)	\$ 9.90	
0609	Spinach Dip (75 g)	\$ 9.90	
0610	Guacamole Dip (110 g)	\$ 9.90	
0611	Sriracha Dip (120 g)	\$ 9.90	
0612	Sweet Chili Dip (125 g)	\$ 9.90	

40% MOM'S OWN POPPING CORN & POPCORN SEASONINGS

In plastic shaker top containers - an excellent topper on popcorn, potatoes, chips, or vegetables.

1105	Mom's Own Popping Corn (600 g)	\$ 6.90	
0701	White Cheddar (45 g)	\$ 5.90	
0702	Salt & Vinegar (80 g)	\$ 5.90	
0703	Ranch (60 g)	\$ 5.90	
0704	Double Dill (75 g)	\$ 5.90	
0705	Kettle Corn (65 g)	\$ 5.90	
0706	Nacho Cheese (65 g)	\$ 5.90	
0707	Super Ketchup (90 g)	\$ 5.90	
0708	Butter Salt (65 g)	\$ 6.90	

40% BAKING SUPPLIES

All your classic baking essentials, packaged in just the right size!

0801	Angel Flake Coconut (300 g)	\$ 9.90	
0802	Baking Powder, double-action (450 g)	\$ 7.90	
0803	Baking Soda (450 g)	\$ 4.90	
0804	Corn Starch (400 g)	\$ 5.90	
0806	Pure Dutch Cocoa (250 g)	\$ 10.90	
0807	Cream of Tartar (100 g)	\$ 5.90	

LEGEND

- !** New Product
- GF** Guaranteed Gluten Free
- PF** Guaranteed Peanut Free
- COR** Certified Kosher
- !** Leonie's Favourite!
- !** Jim's Favourite!
- CL** Clean Label Product

COLUMN TOTAL

PAGE TOTAL

QTY	CODE	PRICE	TOTAL
40%	MOM'S OWN GARLIC SPREAD		
The #1 BEST SELLER , our exclusive garlic spread recipe. Cholesterol free, low in saturated fat, and completely trans fat free!			
1	1201	Garlic Spread (440 g)	\$ 6.90

QTY	CODE	PRICE	TOTAL
30%	PREMIUM READY-TO-BAKE TREATS		
Delicious mini-strudel treats, Made with our new, 100% butter recipe!			
CL PF	1704	Jim & Leonie's Mini Baskets (24 x 45 g)	\$ 29.90
6 x maple mini basket 6 x cream cheese mini basket 6 x raspberry mini basket 6 x salted caramel mini basket			

QTY	CODE	PRICE	TOTAL
20%	<i>Absolutely decadent, these massive savoury danishes are the best of the best!</i>		
CL PF	1707	Mom's Own Savoury Bistros (12 x 110 g)	\$ 29.90
3 x margherita bistro 3 x leek & parmesan bistro 3 x spinach & feta bistro 3 x egg & veggie bistro			

QTY	CODE	PRICE	TOTAL
40%	<i>Scrumptious fruit filling and cream cheese, enveloped in flaky puff pastry. Back to our original recipe!</i>		
	1701	Assorted Fruit Sticks (24 x 87 g)	\$ 32.90
8 x strawberry & cream cheese 8 x blueberry & cream cheese 8 x raspberry & cream cheese			
<i>From the freezer to the oven, ready in 20 minutes. Light and flaky, our strudels have the taste of homemade goodness!</i>			
	1702	Apple Strudels (24 x 95 g)	\$ 29.90
	1703	Assorted Strudels (24 x 95 g)	\$ 29.90
6 x apple strudel 6 x lemon strudel 6 x cherry strudel 6 x blueberry strudel			

QTY	CODE	PRICE	TOTAL
30%	MOM'S OWN DINNER ROLLS		
Individually frozen, and partially cooked. Just choose your desired amount, and bake. No more proofing!			
PF	2004	Assorted Crusty Rolls, pre-baked (24 per case)	\$ 22.90
7 x white (40 g each) 7 x whole wheat (40 g each) 5 x rye (50 g each) 5 x pumpernickel (50 g each)			
40%	2003	Buttery Flake Rolls (36 x 45 g)	\$ 26.90
Our traditional recipe. Proof and bake. Melt in your mouth, layered buttery goodness.			



QTY	CODE	PRICE	TOTAL
30%	MOM'S FAMOUS BAKERY		
Our most popular croissant! Made in the authentic French style with 100% real butter. Pre-proofed and pre-glazed, from your freezer to your oven in 30 minutes!			
CL	2400	Perfect Butter Croissants (24 x 78 g)	\$ 37.90

<i>Still like our traditional proof and bake croissant? Our classic margarine blend recipe proofs in 4 to 5 hours.</i>			
PF	2401	Proof & Bake Croissants (24 x 71 g)	\$ 26.90
<i>Complete our famous cinnamon rolls, below, with a delicious frosting made with real cream cheese.</i>			
	2402	Cinnamon Rolls (24 x 71 g)	\$ 27.90
	1305	Cream Cheese Icing (907 g)	\$ 14.90
<i>Cream cheese icing comes in a handy plastic sleeve, and can be used to top any number of your favourite cookies, cupcakes, or holiday baking!</i>			
20%	<i>New this year, our snack size multigrain croissants pack all the fresh flaky lightness of our Perfect Butter Croissant, with all the added flavour of delicious prairie grains.</i>		
!	2404	Mini Multigrain Croissants (20 x 45.4 g)	\$ 25.90

QTY	CODE	PRICE	TOTAL
30%	MOM'S OWN TART & PIE SHELLS		
Both tart shells and pie shells come unbaked and unsweetened. Perfect for your holiday baking needs.			
COR	1900	1" Rimless Shells (100 x 5.5 g)	\$ 28.90
<i>Our unique, bite-sized, rimless shell. Perfect for canapés and desserts, alike.</i>			
COR	1901	2" Tart Shells (80 x 16 g)	\$ 28.90
COR	1902	3" Tart Shells (90 x 19 g)	\$ 29.90
	1903	9" Pie Shells (15 x 170 g)	\$ 37.90
	1904	9" Pie Lids (15 x 142 g)	\$ 26.90
<i>Try our 5" shell & lid combo. Perfect for meat pot pies, or mini tourtières!</i>			
	1905	5" Pie Shell & Lid Combo Pack (24 of each)	\$ 39.90
<i>Complement any size tart shell with our customer favourite butter tart filling mix!</i>			
	1351	Butter Tart Filling Mix (500 g)	\$ 11.90
An easy to use, one-step mix. Simply add hot water, stir, and fill Mom's Own Tart Shells.			

QTY	CODE	PRICE	TOTAL
40%	DRIED FRUITS		
Great for baking, snacking, or both!			
	1401	Banana Chips (200 g)	\$ 5.90
	1402	Cranberries (250 g)	\$ 6.90
	1403	Dates, pitted (300 g)	\$ 6.90
	1404	Raisins, seedless (325 g)	\$ 7.90

QTY	CODE	PRICE	TOTAL
MOM'S OWN OLD-FASHIONED COOKIE DOUGH & MUFFIN BATTER			
Back to our original recipes, just like you remember. Now completely trans fat free!			

QTY	CODE	PRICE	TOTAL
40%	<i>Cookies</i>		
Scoop & Bake. 3 lb tubs. Can be refrozen.			
COR	1501	Chocolate Chunk	\$ 18.90
COR	1502	White Chocolate Macadamia Nut	\$ 18.90
COR	1503	Rainbow Chocolate (M&M's)	\$ 18.90
COR	1506	Double Chocolate Chunk	\$ 18.90
	1507	Shortbread	\$ 19.90
	1508	Ginger Snap	\$ 19.90
COR	1509	Cranberry White Chocolate	\$ 18.90

QTY	CODE	PRICE	TOTAL
30%	<i>Still want something easier? Try Place & Bake! Individually pre-portioned cookie dough pucks.</i>		
	1510	Oatmeal Raisin (48 x 28 g)	\$ 19.90

QTY	CODE	PRICE	TOTAL
40%	<i>Muffins</i>		
Scoop & Bake. 3 lb tubs. Can be refrozen.			
COR	1601	Blueberry Passion	\$ 18.90
COR	1602	Banana Dream	\$ 18.90
COR	1603	California Carrot	\$ 18.90
COR	1604	Lemon Poppyseed	\$ 18.90

QTY	CODE	PRICE	TOTAL
30%	MOM'S OLDE TEA SHOPPE		
Mabroc Tea, imported directly from Sri Lanka.			
25 Double chamber tea bags per box <i>30% more tea than before, at the same great price!</i>			
!	GF	2110	Royal English Earl Grey \$ 13.90
Classic Earl Grey in a cute telephone booth shaped package.			
!	GF	2111	Green Tea Curls \$ 13.90
Full green tea curls for maximum flavour.			
!	GF	2112	Honey Melon \$ 13.90
Double chamber black tea infused with natural honey melon flavour.			
!	GF	2113	Soursop & Guava \$ 13.90
Double chamber green tea infused with natural sour sop & guava flavour.			
<i>Loose teas, below, come in a 150 g decorative tin container. Makes approximately 60 servings.</i>			
!	GF	2114	1001 Nights Loose Tea \$ 24.90
Black and green tea infused with strawberry and rose blossoms.			
!	GF	2115	Siberian Black Loose Tea \$ 24.90
Pure Siberian blend black tea.			

NEW, FAST & EASY ONLINE ORDERING AT MOMSPANTRY.CA

Have you wondered what our products look like? Do you have a question about an ingredient, or maybe just want to know how many carbs per croissant? All of this information, and more, is available online at our completely redesigned website. You can place your order online using in the codes on the front of this order form.

www.momspantry.ca

COLUMN TOTAL

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QTY	CODE	PRICE	TOTAL
30% MOM'S OWN POUTINERIE			
Make your own poutine from scratch with these authentic and delicious ingredients!			
1010	Montreal Poutine Sauce (200 g)	\$ 7.90	
3001	White Cheddar Cheese Curds (300 g)	\$ 10.90	
3002	Straight Cut Skin-On French Fries (2.27 kg)	\$ 9.90	

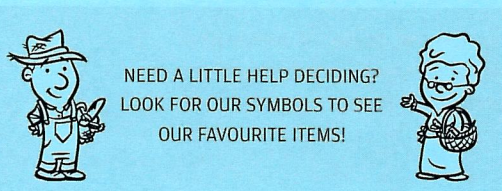
QTY	CODE	PRICE	TOTAL
30% PIZZA			
Just add your favourite toppings to our frozen crusts, and bake for 10-15 minutes. New and improved recipe!			
2901	Mom's Own Pizza Crusts (8 x 12")	\$ 32.90	
<i>Want to get a little more creative? Try rolling your own crust with our brand new dough balls. Or forget the pizza, and create something entirely original from scratch!</i>			
2900	Dough Balls (4 x 450 g)	\$ 14.90	
<i>Looking for something even easier? Our superb mini-calzone style pizza snack. Just pop them in the microwave and they're done!</i>			
2902	Panzerotti Pizza Snacks (3 x 935 g) Pepperoni & Cheese About 11 snacks per 935 g bag	\$ 29.90	

QTY	CODE	PRICE	TOTAL
30% SPRING ROLLS & SAMOSAS			
Approximately 50 spring rolls (1.1 kg per case)			
2801	Mini Veggie Spring Rolls	\$ 34.90	
2802	Mini Chicken Spring Rolls	\$ 34.90	

QTY	CODE	PRICE	TOTAL
30% Our samosas are authentic and handmade with the highest quality ingredients. Comes with tamarind dipping sauce.			
2803	Samosas, vegetable (12 x 65 g)	\$ 19.90	

QTY	CODE	PRICE	TOTAL
30% MOM'S OWN PIEROGIES			
Approximately 200-220 pierogies per case (6 x 1 kg) (\$1.74 to \$1.97 per dozen). Homemade recipe. The thinnest, softest dough in the industry.			
2601	Potato & Cheddar Cheese	\$ 32.90	
2602	Potato & Cheddar & Bacon	\$ 34.90	
Now with 100% REAL bacon!			
2603	Assorted Pierogies (3 bags each variety above)	\$ 34.90	

QTY	CODE	PRICE	TOTAL
20% MOM'S OWN PREMIUM MEATS			
Premium meat products. 100% Canadian.			
2704	Chicken Tender Strips (2 kg)	\$ 39.90	
2705	Italian Meatballs (5 lb) ½ oz meatballs, Approximately 160 per case	\$ 39.90	



NEED A LITTLE HELP DECIDING?
LOOK FOR OUR SYMBOLS TO SEE
OUR FAVOURITE ITEMS!

COLUMN TOTAL

QTY	CODE	PRICE	TOTAL
20% MOM'S OWN FRUITS & VEGGIES			
Our gourmet fresh fruit and vegetable mixes. No added ingredients or preservatives. Individually flash frozen for maximum freshness! (All mixes packaged in 1 kg bags)			
2204	Smoothie Mix Banana, strawberries, blueberries.	\$ 12.90	
2205	Antioxidant Blend Blueberries, raspberries, cherries, strawberries, cranberries, blackberries, Saskatoon berries.	\$ 17.90	
2209	Avocado Chunks (454 g tub) Sealed and frozen for freshness. Perfect in salads, sandwiches, or combine with Mom's Pantry Guacamole Dip Mix (0610) for the best dip around!	\$ 12.90	

QTY	CODE	PRICE	TOTAL
30%			
2206	Green Bean Stir-Fry Mix Whole green beans, broccoli florets, onions, sugar snap peas, red peppers.	\$ 11.90	
2207	Fajita Mix Onion strips, red, green, and yellow pepper strips.	\$ 9.90	
2210	Stir-Fry Supreme Broccoli, sugar snap peas, baby corn, red peppers, yellow peppers, onions.	\$ 12.90	

QTY	CODE	PRICE	TOTAL
30% MOM'S OWN SUPERFOODS CL			
Delightfully natural & healthy superfoods.			
2501	Hulled Hemp Seeds (190 g)	\$ 12.90	
2502	Organic Black Chia Seeds (300 g)	\$ 12.90	
2503	Organic Quinoa (450 g)	\$ 9.90	
2504	Tri-colour Organic Quinoa (450 g)	\$ 11.90	
2509	Shelled Roasted Almonds (300 g)	\$ 10.90	
2510	Flax Seed, whole (450 g)	\$ 5.90	
1103	Organic 15 Bean & Lentil Soup Mix (600 g)	\$ 12.90	

QTY	CODE	PRICE	TOTAL
30% MOM'S OWN SNACK MIXES CL			
An old favourite, and some new delights! Delicious trail mixes with no peanuts in sight.			
1801	Santiago Mix (200 g) Raisins, roasted sunflower seeds, roasted cashews, pumpkin seeds, & roasted almonds.	\$ 9.90	
1802	Organic Health Mix (150 g) Raisins, cranberries, coconut, cashews, & almonds. (all organic ingredients)	\$ 9.90	
1804	Spicy Joe Mix (150 g) Wasabi flavoured soya beans, corn, peas, crunchy flaxseed crackers.	\$ 9.90	

QTY	CODE	PRICE	TOTAL
30% MOM'S OWN CLING FILM			
In a class of its own!			
5001	Cling Film Wrap 12" x 1000'	\$ 26.90	

ALLERGY ALERT

Our suppliers are extremely careful in the production of our products.

To help lower risk to your family, we no longer carry any products with peanut ingredients.

However, unless otherwise noted, please be aware that our products may contain trace amounts of peanuts, nuts/tree nuts, sesame seeds, milk, egg, and/or wheat. Please use your discretion when ordering.

COLUMN TOTAL

QTY	CODE	PRICE	TOTAL
40% TRADITIONAL GRAVY & SOUP BASES			
Easy to make, old-fashioned homemade quality. Just add water & heat for a delicious soup or gravy.			
<i>Traditional Soups & Gravies</i>			
1001	Beef Gravy Base (450 g)	\$ 8.90	
1002	Chicken Gravy Base (450 g)	\$ 9.90	
1003	Beef Soup Base (450 g)	\$ 8.50	
1004	Beef Soup Base, no added MSG (450 g)	\$ 9.50	
1005	Chicken Soup Base (450 g)	\$ 8.50	
1006	Chicken Soup Base, no added MSG (450 g)	\$ 9.50	

QTY	CODE	PRICE	TOTAL
<i>Gourmet Soups</i>			
1007	French Onion Soup Base (200 g)	\$ 9.90	
1009	Cream of Potato Soup Base (225 g)	\$ 9.90	

QTY	CODE	PRICE	TOTAL
40% GLUTEN FREE & SODIUM REDUCED INSTANT MIXES AND BASES			
We cut the salt, not the taste. No gluten, no added MSG, no trans fat, no artificial colours or flavours.			
GF 0902	Poultry Gravy Base (200 g)	\$ 9.90	
GF 0903	Brown Gravy Base (200 g)	\$ 9.90	
GF 0904	Chicken Soup Base (200 g)	\$ 9.90	
GF 0905	Beef Soup Base (200 g)	\$ 9.90	

QTY	CODE	PRICE	TOTAL
30% MOM'S OWN DINNER IDEAS			
No category can contain these delicious selections!			
Famous Idaho grown potatoes!			
GF 0951	Idahoan Scalloped Potatoes (577 g)	\$ 15.90	
A generous family sized serving of a dinner classic! Guaranteed trans fat and gluten free.			
GF 0952	Red Bean Chili Mix (380 g)	\$ 9.90	
Just mix with boiling water, and simmer! Add your own extra veggies, and/or meat to create your own delicious recipe. Serves approximately six people.			

QTY	CODE	PRICE	TOTAL
40% DRIED GRAINS, BEANS, & LEGUMES CL			
Combine these ingredients with Mom's Own Chicken or Beef Soup Base for a rich and hearty bowl of your favourite soup.			
1101	Pearl Barley (600 g)	\$ 6.90	
1102	Green Split Peas (600 g)	\$ 4.90	
1104	Vegetable Flakes (120 g)	\$ 5.90	
1103	15 Bean Soup Mix *		
*This product is now 100% organic! Look for its new home in the Superfoods category.			

YOUR PURCHASES MATTER!



Look for this symbol to see how much your group benefits from each purchase!

Thank you for supporting fundraising in your community.

COLUMN TOTAL

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